

## **2024 Summary of Benefits**

eternalHealth Give Back (PPO)

Forever Partner In Healthcare.

## **Summary of Benefits**

#### What does this document contain?

This summary of benefits serves as a resource to understand the coverage and costs associated with eternalHealth's Give Back PPO plan. The information in this document is for the plan year beginning January 1, 2024 and ending December 31, 2024.

# What are the eligibility requirements for this plan?

To be eligible for this plan, you must

- be enrolled in both Medicare Parts A & B and
- live in Suffolk, Worcester, Middlesex, Norfolk, Bristol, or Plymouth County in Massachusetts.

# Does this plan cover my current healthcare needs?

To find out if this plan covers your current prescription drugs, doctors, and pharmacies, please visit us at <a href="https://www.eternalhealth.com">www.eternalhealth.com</a> to view our online drug list and directory. If you have questions or would like a paper copy mailed to you, please call us at 1-800-680-4568 (TTY 711).

# Where can I learn more about Medicare?

The *Medicare & You* handbook is a great resource and can be found at <a href="https://www.medicare.gov">www.medicare.gov</a>. You can also request a paper copy to be mailed to you by calling 1-800-MEDICARE (1-800-633-4227). TTY users can dial 1-877-486-2048, 24 hours a day, 7 days a week.



#### What is a deductible?

A deductible is the amount of money you pay out of pocket before your health plan begins to pay. Once you reach the defined threshold, you will only have to pay coinsurance or a copayment.

#### What is a copayment?

A copayment (also known as copay) is a fixed amount of money you pay out of pocket when you receive care.

#### What is coinsurance?

Coinsurance is a percentage you pay out of pocket for the cost of your care.

#### Where can I find more information?

If you would like more information, please see eternalHealth's Evidence of Coverage at <a href="https://www.eternalHealth.com">www.eternalHealth.com</a> under Member Resources.

You can call customer service at 1-800-680-4568 (TTY 711) from:

October 1 to March 31, 8am to 8pm, 7 days a week.

April 1 to September 30, 8am to 8pm, Monday to Friday.

EternalHealth is an HMO and PPO Plan with a Medicare contract. Enrollment in eternalHealth depends on contract renewal. The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please call 1-800-680-4568 (TTY 711) and request the "Evidence of Coverage" or access it online at <a href="https://www.eternalHealth.com">www.eternalHealth.com</a>.

## **Pre-Enrollment Checklist**

Prior to making an enrollment decision, it is important that you fully understand the coverage you are going to be receiving. If you have any questions regarding your coverage options, you can call to speak to us at 1 (800) 893-9457 (TTY 711).

<b>Jnder</b>	standing the Benefits
	The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits that are important to you before enrolling. Visit <a href="www.eternalHealth.com/Forms-Documents">www.eternalHealth.com/Forms-Documents</a> or call 1 (800) 893-9457 (TTY 711) to view a copy of the EOC.
	Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
	Review the pharmacy directory to make sure the pharmacy you use for any prescription medicine is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
	Review the formulary to make sure your drugs are covered.
Unde	rstanding Important Rules
	You must continue to pay your Medicare Part B premium. This premium is typically taken out of your social security check each month.
	Benefits, premiums and/or copayments/co-insurance may change on January 1, 2025
	Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).

Select benefits and services may require a prior authorization.

# My Monthly Premium, Deductible, and Maximum Out of Pocket

<b>e</b>		th Give Back PO) 14-002
	In-Network	Out-Of-Network
Monthly Premium	\$0 copay.	\$0 copay.
Medicare Part B Buy Down (Give Back)	Up to \$80 per month redu	uced from Part B Premium.
Medical Deductible	This plan does not	have a deductible.
Pharmacy (Part D) Deductible	Tier 1 and Tier 2	
	\$0 ded	uctible.
	T' 2 T'	A and The F
	-	4, and Tier 5
\$300 deductible.		
Maximum Out-of-Pocket Responsibility	\$6,500	\$10,000 combined.
This is the maximum amount you will		
pay during the plan year for copays,		
coinsurance, medical services, supplies,		
and Part B-covered medication. Any out-		
of-pocket expenses for prescription		
drugs and other benefits do not apply.		

## **My Covered Hospital and Medical Benefits and Services**

	eternalHealth Give Back (PPO) H2694-002	
	In-Network	Out-Of-Network
Inpatient Hospital Coverage	Days 1-4;	40% coinsurance per stay.
Prior Authorization will be	\$430 copay per day.	
required.	Day 5+;	
	\$0 copay per day.	
Outpatient Hospital Coverage	Diagnostic Colonoscopy	Diagnostic Colonoscopy
Prior Authorization will be	\$0 copay at any in-network	40% coinsurance per procedure.
required for procedures	location.	
performed in an Outpatient		Outpatient Hospital
Hospital.	Outpatient Hospital	40% coinsurance for surgery
	\$350 copay for surgery performed	performed at an outpatient
	at an outpatient hospital.	hospital.
	Observation Stays	Observation Stays
	\$350 copay per stay.	40% coinsurance per stay.

	D: 0.1	D: .: 0.1
Ambulatory Surgical Center	Diagnostic Colonoscopy	Diagnostic Colonoscopy
(ASC) Services	\$0 copay if performed at an ASC.	30% copay if performed at an
Prior Authorization will be	ASC	ASC.
required for procedures performed in an Ambulatory	\$250 copay for surgery performed	ASC
Surgical Center.	at an ASC.	30% coinsurance for surgery
Surgical Center.	at all ASC.	performed at an ASC.
Doctor Visits	Primary Care Provider (PCP) Visits	Primary Care Provider (PCP)
You will need a referral from	\$0 copay per visit.	Visits
your Primary Care Provider (PCP)	to sobay be: tient	\$0 copay per visit.
if you visit a specialist,	Specialist Visits	, ,
acupuncturist, or chiropractor.	\$0 copay per visit.	Specialist Visits
		\$20 copay per visit.
Preventive Care	\$0 copay per service.	30% coinsurance per service.
Preventive services are available		
at no cost if you use an in-		
network provider, including:		
Abdominal Aortic		
Aneurysm (AAA)		
Screening		
<ul> <li>Alcohol Misuse Screening</li> </ul>		
& Counseling		
<ul> <li>Annual Wellness Visit</li> </ul>		
Bone Mass		
Measurements (bone		
density)		
<ul> <li>Cardiovascular Disease</li> </ul>		
Screening Tests		
Cervical Cancer Screening		
Colorectal Cancer		
Screening		
Counseling to Prevent		
Tobacco Use		
COVID-19 Vaccine		
Immunization		
Depression Screening		
<ul> <li>Diabetes Screening</li> </ul>		
Diabetes Self-		
Management Training		
Flu Shot & Administration		
Glaucoma Screening		
Hepatitis B Screening		
Hepatitis B Shot &		
Administration		
Hepatitis C Screening		
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<ul> <li>HIV Screening</li> <li>Initial Preventive Physical Exam</li> <li>Intensive Behavioral Therapy (IBT) for cardiovascular disease</li> <li>Intensive Behavioral Therapy (IBT) for Obesity</li> <li>Lung Cancer Screening</li> <li>Mammography Screening</li> <li>Medical Nutrition Therapy</li> <li>Medicare Diabetes Prevention Program</li> <li>Pap Tests Screening</li> <li>Pneumococcal Shot &amp; Administration</li> </ul>		
<ul> <li>Prolonged Preventive         Services</li> <li>Prostate Cancer Screening</li> <li>Screening Pelvic Exam</li> <li>Sexually Transmitted         Infection (STI) Screening         &amp; High Intensity         Behavioral Counseling         (HIBC) to Prevent STIs</li> </ul>		
Any additional preventive services approved by Medicare during the contract year will be covered.	4400	4400
You do not have to pay this copay if you are admitted to the hospital within 24 hours. If admitted, refer to the Inpatient Hospital Coverage section.	\$100 copay per visit. \$100 copay per visit for Worldwide Emergency care.	\$100 copay per visit. \$100 copay per visit for Worldwide Emergency care.
This plan also covers your emergency services worldwide. If you pay the costs yourself at first, generally done outside the United States, you can submit a claim and we will reimburse you.		

#### **Urgently Needed Services** \$0 copay for urgently needed \$0 copay for urgently needed Urgently needed services means services from your PCP. services from your PCP. services needed immediately as a result of an unforeseen illness, \$25 copay for urgently needed \$25 copay for urgently needed services from an urgent care injury, or condition to prevent a services from an urgent care serious deterioration in health. center or walk-in center. center or walk-in center. This plan also covers your emergency services worldwide. If \$40 copay per visit for Worldwide \$40 copay per visit for you pay the costs yourself at first, Urgent care. Worldwide Urgent care. generally done outside the United States, you can submit a claim and we will reimburse you. You do not have to pay this copay if you are admitted to the hospital within 24 hours. If admitted, refer to the Inpatient Hospital Coverage section. **Diagnostic Services/ Lab Services Lab Services** 30% coinsurance. \$0 copay for labs done in an office Labs/Imaging setting. X-rays \$10 copay in a free-standing lab **Lab Services:** Prior authorization 30% coinsurance. facility. required for high-cost genetic testing and molecular studies. Diagnostic Radiology (Ie; CT, MRI, X-rays PET, etc) \$20 copay for X-rays done in an Diagnostic Radiology: Prior 30% coinsurance. office setting or in a free-standing authorization required. lab facility. **Diagnostic Tests and Procedures Diagnostic Tests and Procedures:** (le; stress test) Diagnostic Radiology (Ie; CT, MRI, Prior Authorization is required 30% coinsurance. PET, etc) for high-tech imaging. \$150 copay for Ultrasounds. **Radiation Therapy** \$350 copay for all others. Radiation Therapy: Prior 30% coinsurance. authorization required. Diagnostic Tests and Procedures (Ie; stress test) \$0 copay per service in an office setting. \$40 copay per service at free standing lab facility. **Radiation Therapy** 20% coinsurance. **Hearing Services Medicare Covered Hearing Medicare Covered Hearing** Routine Hearing Exam & Hearing Services Services aid copayments do not apply \$45 copay per service. 50% coinsurance per service. towards your maximum out of pocket (MOOP).

#### Routine Hearing Exam \$0 copay per exam.

Hearing Aids (Up to 2 aids per year – 1 per ear, per year.)

\$595 copay based on your selection through Amplifon. \$895 copay based on your selection through Amplifon.

Hearing aid purchase includes:

- 60-day risk free trial
- Complimentary aftercare
- New virtual services including virtual screening, personalized coaching, and on-demand virtual visits.

Must use our designated vendor for this benefit.

#### **Routine Hearing Exam**

50% coinsurance per exam.

#### **Hearing Aids**

50% coinsurance.

#### **Dental Services**

Preventive Services include:

- Oral Exams
- Prophylaxis (Cleaning)
- Dental X-Rays
- Non-Medicare-covered (routine) dental cleaning
- Non-Medicare-covered (routine) dental X-rays

Comprehensive Services include:

- Diagnostic Services
- Restorative Services
- Endodontics
- Periodontics
- Extractions
- Prosthodontics
- Other Oral/Maxillofacial Surgery

This is not an exhaustive list of covered dental services.

This Dental Allowance benefit does not apply to your maximum out-of-pocket (MOOP).

#### Medicare-covered Dental Services

\$45 copay
An example of this is
reconstruction of the jaw
following an accidental injury.

\$3,500 Annual Allowance
eternalHealth will pay as much as
\$3,500 per year for
comprehensive and preventive
services, with no required
network. This allowance will be
available for use on a Mastercard
Prepaid Flex Card and may be
used at the dental provider of
your choice.

There are no restrictions or limitations.

Must use our designated vendor for this benefit.

## Medicare-covered Dental Services

\$0 copay.

An example of this is reconstruction of the jaw following an accidental injury.

\$3,500 Annual Allowance
eternalHealth will pay as much
as \$3,500 per year for
comprehensive and preventive
services, with no required
network. This allowance will be
available for use on a
Mastercard Prepaid Flex Card
and may be used at the dental
provider of your choice.

There are no restrictions or limitations.

Must use our designated vendor for this benefit.

#### **Vision Services Medicare-covered Eye Exams Medicare-covered Eye Exams** Routine Eye Exams & Eyewear \$45 copay per exam. 50% coinsurance per exam. purchases do not apply towards your maximum out of pocket **Routine Eye Exams Routine Eye Exams** (MOOP). \$0 copay per exam. 50% coinsurance per exam. **Eyewear Benefit Eyewear Benefit** eternalHealth will pay as much as 50% coinsurance. \$200 per year towards eyewear. This can be used for frames, lenses, contact lenses, or eyeglass replacements. Must use our designated vendor for this benefit. **Mental Health and Substance Mental Health Inpatient Services Mental Health Inpatient Abuse Services** Days 1-4; Services \$430 copay per day. 40% coinsurance per stay. Day 5-90; \$0 copay per day **Individual & Group Therapy Individual & Group Therapy** (Other Medical professional) Sessions Sessions (Psychologist or Other Medical \$50 copay per visit. professional) \$40 copay per visit. **Individual & Group Therapy** Sessions **Individual & Group Therapy** (Psychiatric Services) Sessions 30 % coinsurance per visit. (Psychiatric Services) \$40 copay per visit. **Medication Adherence Visits** (Psychiatric Services) **Medication Adherence Visits** 30 % Coinsurance per visit. (Psychiatric Services & **Psychologist or Other Medical Medication Adherence Visits** professional) (Other Medical professional) \$0 copay per visit. \$50 copay per visit. **Outpatient Substance Abuse Outpatient Substance Abuse Therapy Sessions Therapy Sessions** (Individual & Group) (Individual & Group) \$25 copay per visit. \$50 copay per visit. **Opioid Treatment Program Opioid Treatment Program**

Services

\$45 copay per visit.

Services

30% coinsurance per visit.

Skilled Nursing Facility (SNF) Prior Authorization is required for SNF. No prior hospital stay required.  Occupational, Physical and Speech Therapy Prior Authorization is required for PT, OT, and ST.  You will need a referral from your Primary Care Provider (PCP) for these services.  Ambulance Services This plan covers you for ambulance transportation.  Prior Authorization will be required for non-emergency Medicare services.  Skilled Nursing Facility (SNF) \$0 copay per day.  Days 1-20; \$0 copay per day.  \$30% Coinsurance per stance per stance.  \$30% Coinsurance per sta	sit.
for SNF. No prior hospital stay required.    Days 21-100;   \$203 copay per day.	e
required. \$203 copay per day.  Occupational, Physical and \$30 copay per visit. 30% Coinsurance per visits.  Speech Therapy Prior Authorization is required for PT, OT, and ST.  You will need a referral from your Primary Care Provider (PCP) for these services.  Ambulance Services This plan covers you for ambulance transportation.  Prior Authorization will be required for non-emergency	e
Occupational, Physical and Speech Therapy Prior Authorization is required for PT, OT, and ST.  You will need a referral from your Primary Care Provider (PCP) for these services.  Ambulance Services This plan covers you for ambulance transportation.  Prior Authorization will be required for non-emergency  \$30 copay per visit.  30% Coinsurance per visit.	e
Speech Therapy Prior Authorization is required for PT, OT, and ST.  You will need a referral from your Primary Care Provider (PCP) for these services.  Ambulance Services This plan covers you for ambulance transportation.  Prior Authorization will be required for non-emergency  Ground/Air Ambulance \$300 copay per service.  \$300 copay per service.	e
Prior Authorization is required for PT, OT, and ST.  You will need a referral from your Primary Care Provider (PCP) for these services.  Ambulance Services This plan covers you for ambulance transportation.  Prior Authorization will be required for non-emergency  Ground/Air Ambulance \$\frac{\text{Ground/Air Ambulance}}{\text{\$300 copay per service}}\$ \$\frac{\text{\$300 copay per service}}{\text{\$300 copay per service}}\$	
for PT, OT, and ST.  You will need a referral from your Primary Care Provider (PCP) for these services.  Ambulance Services This plan covers you for ambulance transportation.  Prior Authorization will be required for non-emergency  Ground/Air Ambulance \$300 copay per service.  \$300 copay per service.	
You will need a referral from your Primary Care Provider (PCP) for these services.  Ambulance Services This plan covers you for \$300 copay per service.  Prior Authorization will be required for non-emergency  This plan covers you for \$300 copay per service.	
your Primary Care Provider (PCP) for these services.  Ambulance Services This plan covers you for ambulance transportation.  Prior Authorization will be required for non-emergency  Ground/Air Ambulance \$300 copay per service.  \$300 copay per service.	
your Primary Care Provider (PCP) for these services.  Ambulance Services This plan covers you for ambulance transportation.  Prior Authorization will be required for non-emergency  Ground/Air Ambulance \$300 copay per service.  \$300 copay per service.	
for these services.  Ambulance Services This plan covers you for ambulance transportation.  Prior Authorization will be required for non-emergency  Ground/Air Ambulance \$300 copay per service.  \$300 copay per service.  \$300 copay per service.	
for these services.  Ambulance Services This plan covers you for ambulance transportation.  Prior Authorization will be required for non-emergency  Ground/Air Ambulance \$300 copay per service.  \$300 copay per service.  \$300 copay per service.	
Ambulance Services This plan covers you for ambulance transportation.  Prior Authorization will be required for non-emergency  Ground/Air Ambulance \$300 copay per service.  \$300 copay per service.  \$300 copay per service.	
This plan covers you for \$300 copay per service. \$300 copay per service.  Prior Authorization will be required for non-emergency	
ambulance transportation.  Prior Authorization will be required for non-emergency	1
Prior Authorization will be required for non-emergency	•
required for non-emergency	
required for non-emergency	
] '	
Medicare services.	
This plan also covers you for	
emergency transportation	
provided worldwide. If you pay	
the costs yourself at first,	
generally done outside the	
United States, you can submit a	
claim and we will reimburse you.	
<b>Transportation</b> Trips to and from healthcare- 50% coinsurance.	
This benefit does not apply to related locations such as your	
your maximum out-of-pocket doctor appointments or the	
(MOOP). pharmacy	
\$0 copay – unlimited rides.	
yo copuy animited rides.	
Rides can be pre-scheduled or	
booked on-demand.	
Forms of transportation include:	
Uber and Lyft	
Oxygen capable vehicles	
Wheelchair vans	
Stretcher and gurney	
services	
Non-emergency	
ambulances/life support	
services	
And more!	
And more:	

	Must use our designated vendor for this benefit.	
Part B Prescription Drugs Authorization rules may apply.	20% coinsurance.	30% coinsurance.
Generally, Part B drugs are not self-administered. These drugs can be given in a doctor's office as part of a medical service. In a hospital outpatient department, coverage is generally limited to drugs that are given by infusion or injection.		

## **My Prescription Drug Benefits**

Use this section to learn about the four-Part D phases. The costs are what you'll pay at innetwork pharmacies. Generally, you have to use network pharmacies to fill your prescription meds. Costs may change depending on your pharmacy and when you enter a new Part D phase.

**Important Message About What You Pay for Vaccines** - Our plan covers most Part D vaccines at no cost to you, even if you haven't paid your deducible. Call Pharmacy Member Services for more information at 1-800-891-6989.

**Important Message About What You Pay for Insulin** - You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on even if you haven't paid your deductible.

#### **Deductible**

After you pay your yearly deductible (for certain tiers), our plan starts to cover some of your costs. You stay in the Initial Coverage Stage until the total amount for the prescription drugs you and our plan pay reaches the **\$5,030 limit.** 

	eternalHealth Give Back
	(PPO)
	H2694-002
Deductible Tiers 1, 2	\$0
Deductible Tiers 3-5	\$300

#### **Initial Coverage**

	eternalHealth Give Back (PPO)	
Comple	H2694-002	
Supply	Retail	Mail Order
Tier 1	30-Day Supply	30-Day Supply
(Preferred Generic)	\$0 copay.	\$0 copay.
	100-Day Supply	100-Day Supply
	\$0 copay.	\$0 copay.
Tier 2	30-Day Supply	30-Day Supply
(Generic)	\$5 copay.	\$5 copay.
	100-Day Supply	100-Day Supply
	\$15 copay.	\$5 copay.
Tier 3	30-Day Supply	30-Day Supply
(Preferred Brand)	\$47 copay.	\$47 copay.
	100-Day Supply	100-Day Supply
	\$141 copay.	\$47 copay.
Tier 4	30-Day Supply	30-Day Supply
(Non-Preferred Drug)	\$100 copay.	\$100 copay.
	100-Day Supply	100-Day Supply
	\$300 copay.	\$300 copay.
Tier 5	30-Day Supply	30-Day Supply
(Specialty)	28% coinsurance.	28% coinsurance.
	100-Day Supply	100-Day Supply
	Not covered.	Not covered.

<sup>•</sup> Costs may differ based on pharmacy type such as mail order, long-term care (LTC) or home infusion, and 30- or 100-day supply.

#### **Coverage Gap**

During the Coverage Gap Stage, you will pay 25% of the plan's cost for covered brand-name drugs and 25% of the plan's cost for covered generic drugs.

During the Coverage Gap Stage, your out-of-pocket costs for insulin will be \$35 for a one-month supply.

You stay in the Coverage Gap Stage until your out-of-pocket costs reach \$8,000.

#### **Catastrophic Coverage Stage**

You qualify for the Catastrophic Coverage Stage when your yearly out-of-pocket costs have reached the \$8,000 limit. Once you are in the Catastrophic Coverage Stage, you will stay in this payment stage until the end of the calendar year.

Beginning in 2024, if you reach the Catastrophic Coverage Stage, you pay nothing for covered Part D prescription drugs.

## **My Additional Covered Benefits and Services**

	eternalHealth Give Back	
	(PPO)	
		4-002
	In-Network	Out-Of-Network
Telehealth Services	\$0 copay for Primary care	\$0 copay per service for Primary
Medicare covered Primary	Physician (PCP) and Physician	care Physician (PCP) Services.
Care Physician (PCP) and	Specialist Services.	
Physician Specialist Services.		\$20 copay per service for
		Physician Specialist Services.
Medicare-Covered	\$35 copay per Medicare-Covered	\$55 copay per Medicare-Covered
Acupuncture Visits	acupuncture.	acupuncture.
	Net englischle fan Neu Madisons	
	Not applicable for Non-Medicare	
Medicare-Covered	covered acupuncture.	200/ coincurance nonviolt
Chiropractic Care	\$15 copay per visit.	30% coinsurance per visit.
You will need a referral from		
your Primary Care Provider		
(PCP) for these services.		
Kidney Disease Treatment	Dialysis Treatment (both facility	Dialysis Treatment (both facility
Services	and clinic visits)	and clinic visits)
You will need a referral from	20% coinsurance.	30% coinsurance.
your Primary Care Provider	Dialysis received as a hospital	Dialysis received as a hospital
(PCP) for these services.	inpatient will be covered under	inpatient will be covered under
(	your hospital inpatient benefit.	your hospital inpatient benefit.
	, , ,	
	Kidney Disease Education	Kidney Disease Education
	Services	Services
	\$0 copay per service.	30% coinsurance.
Foot Care (Podiatry Services)	\$35 copay per visit.	30% coinsurance per visit.
Prior Authorization is		
required for visits other than		
routine.		
Durable Medical Equipment	20% coinsurance.	30% coinsurance.
(DME) and Prosthetic		
Devices		
Diabetic Supplies	Medicare-covered Diabetic	Medicare-covered Diabetic
Prior Authorization is	Supplies	Supplies
required for Diabetic	Test Strips	30% coinsurance.
Supplies.	You pay 0% coinsurance for	
	preferred brand (LifeScan &	Medicare-covered Diabetic
	Roche) test strips. All other	Therapeutic Shoes or Inserts

brands are excluded and would 30% coinsurance. need an approved exception. If approved, you pay 20% coinsurance. **Continuous Glucose Monitors** You pay 0% coinsurance for preferred brand (Dexcom and Freestyle Libre) Medicare covered Continuous Glucose Monitors (CGM) when ordered by a physician and filled at a network pharmacy. All other brands are excluded and would need an approved exception. If approved, you pay 20% coinsurance for diabetic supplies accessed at non-pharmacy networks (i.e., durable medical equipment (DME) suppliers). **Other Blood Glucose Testing Supplies** Other blood glucose testing supplies (e.g., lancets, glucosecontrol solution etc.), you pay 20% coinsurance. **Medicare-covered Diabetic Therapeutic Shoes or Inserts** 20% coinsurance. **Cardiac & Pulmonary Pulmonary Rehabilitation Pulmonary Rehabilitation** Services **Rehabilitation Services** Services Prior Authorization is 30% coinsurance. \$15 copay. required for Cardiac and **Cardiac Rehabilitation Services Cardiac Rehabilitation Services** Pulmonary Rehabilitation services. 30% coinsurance. \$20 copay. Supervised Exercise Therapy for **Supervised Exercise Therapy for Peripheral Arterial Disease (SET-**Peripheral Arterial Disease (SET-PAD) PAD) \$25 copay. 30% coinsurance.

Annual Wellness Exams	\$0 copay per exam.	50% coinsurance.
Over the Counter (OTC)	\$30 Per calendar quarte	r (every three months).
This benefit does not apply to		
your maximum out-of-pocket	This amount does not roll over fron	n quarter to quarter. Eligible items
(MOOP) amount.	are listed in the OTC Catalog. To pur	chase eligible items, you can order
	online through your portal, over	the phone, via mail order, or by
	visiting partici	pating stores.
	Must use our designated vendor for this benefit.	
SSBCI Healthy Grocery	This plan does not offer the Healthy Grocery benefit.	
Fitness	OnePass offers a robust and flexible fitness benefit, which gives	
This benefit does not apply to	members access to various gyms, boutique fitness studios, online	
your maximum out-of-pocket	fitness videos and home kits. eternalHealth covers the full cost of this	
(MOOP) amount.	benefit.	
	Must use our designated	vendor for this benefit.
In-Home Support	In-Home Support assistance throug	gh Papa includes 60 hours annually
This benefit does not apply to	for service	es such as:
your maximum out-of-pocket	<ul> <li>Household chores – light cleaning, organization, laundry</li> </ul>	
(MOOP) amount.	<ul> <li>Technical Assistance – learning telehealth services to connect</li> </ul>	
	with physicians, accessing health plan portals, installing devices	
	<ul> <li>Exercise and Activity- walking or biking assistance</li> </ul>	
	Virtual services	
	Must use our designated	d vendor for this benefit.
Personal Emergency	eternalHealth offers a fully covered	monthly subscription for In-home,
Response Device (PERS)	Mobile LTE, and LTE Sma	artwatch PERS options.
This benefit does not apply to		
your maximum out-of-pocket	Must use our designated	vendor for this benefit.
(MOOP) amount.		

#### Notice of Non-Discrimination: Discrimination is Against the Law

eternalHealth complies with applicable Federal civil rights laws and does not discriminate based on race, color, national origin, age, disability, religion, or sex. eternalHealth does not exclude people or treat them differently because of race, color, national origin, age, disability, religion, or sex.

#### eternalHealth:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - o Information written in other languages

If you need these services, contact eternalHealth Member Services at 1-800-680-4568 (TTY 711)

If you believe that eternalHealth has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

eternalHealth (Mail)

eternalHealth, Inc.
eH Privacy Officer

C/O Appeals & Grievances

PO Box 1377

Westborough, MA 01581

eternalHealth (Phone/Fax)

**Local Phone Number:** 617-684-2348 (TTY 711) **Toll Free Phone Number:** 1-800-680-4568 (TTY 711)

Fax: 1-866-326-1073

#### eternalHealth (In Person)

eternalHealth, Inc. 31 St. James Ave, Suite 950 Boston, MA 02116

You can file a grievance in person, by mail, or fax. If you need help filing a grievance, eternalHealth Member Services is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

#### **U.S.** Department of Health and Human Services

200 Independence Avenue, SW Room 509F, HHH Building

Washington, D.C. 20201

Phone: 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.

#### **Multi-language Interpreter Services**

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-800-680-4568 (TTY:711). Someone who speaks English/Language can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-800-680-4568 (TTY:711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务,请致电 1-800-680-4568 (TTY:711)。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯 服務。如需翻譯服務,請致電 1-800-680-4568 (TTY:711)。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-800-680-4568 (TTY:711). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

**French:** Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-800-680-4568 (TTY:711). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

**Vietnamese:** Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-800-680-4568 (TTY:711) sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí.

**German:** Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-800-680-4568 (TTY:711). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-800-680-4568 (TTY:711)번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

**Russian:** Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-800-680-4568 (ТТҮ:711). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم عربية العربية بمساعدتك. هذه خدمة فوري، ليس عليك سوى الاتصال بنا على (4568, TT-800-680-4568, تعدث العربية مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-800-680-4568 (TTY:711) पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

**Italian:** È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-800-680-4568 (TTY:711). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

**Portugués:** Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-800-680-4568 (TTY:711). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

**French Creole:** Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-800-680-4568 (TTY:711). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

**Polish:** Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-800-680-4568 (TTY:711). Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするため に、無料の通訳サービスがありますございます。通訳をご用命になるには、1-800-680-4568 (TTY:711)にお電話ください。日本語を話す人 者 が支援いたします。これは無料のサー ビスです。