Prepared on: You can get the best results from your medications by completing the items on this "To-Do List." Bring your To-Do List when you go to your doctor. And, share it with your family or caregivers.

My To-Do List

What we talked about:	What I should do: □
What we talked about:	What I should do: □
What we talked about:	What I should do: □
What we talked about:	What I should do: ☐

How to Safely Dispose of Unused Prescription Medications

Prepared on:		