



Medicare Advantage

# Reimagined

Because there are many more moments to share.

## Protect Yourself This Flu Season – Your \$0 Flu Shot is Waiting!

The best way to protect yourself from the flu is to get your flu shot in September or October. Getting vaccinated also helps protect other people around you.

### Earn Rewards For Your Flu Shot

Get vaccinated and earn \$10 through eternalHealth’s Member Rewards program to use toward your favorite OTC and, if eligible, healthy grocery\* items!

Get your flu shot at your favorite pharmacies including:

- CVS
- Walgreens
- and more!
- Kroger
- Walmart

### Need a Ride?

Use Your FREE Transportation Benefit! Get to medical appointments and the pharmacy at no cost to you.

[Find a pharmacy today at eternalHealth.com/FluShot](https://eternalHealth.com/FluShot)

## What You Need to Know

### The flu shot:

According to the Centers for Disease Control and Prevention, almost everyone age 6 months and up should get the flu vaccine – especially:

- Children younger than 5
- Adults 65+
- Pregnant individuals
- Anyone with a weakened immune system or chronic condition

### Why should you get the flu shot:

Your body’s protection from vaccines decreases over time, and flu viruses constantly change. Annual vaccines are updated to match new virus strains each season.

Egg-free vaccines are available for those with egg allergies. Ask your provider or pharmacist about options.



**Need Support?**  
**Our Care Management Team is Ready to Help!**

**Call us today**  
**1 (800) 787-5706 (TTY 711)**  
Monday – Friday, 9am – 5pm EST

eternalHealth is an HMO plan with a Medicare Contract for HMO, HMO-POS and PPO offerings. Enrollment in eternalHealth depends on contract renewal. To enroll in an eternalHealth plan you must meet certain eligibility requirements and reside in the plan's CMS-approved service area. Benefits and cost sharing may vary by plan.

\*The benefit mentioned is part of a special supplemental program for the chronically ill. Qualifying conditions include Cardiovascular disorders, diabetes, chronic and disabling mental health conditions, cancer, and CKD. Having a listed condition does not guarantee coverage, as benefits are specifically for members who meet the criteria for "chronically ill enrollee" status.

eternalHealth complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-680-4568 (TTY 711).

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