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Optum Rx®

eternalHealth™

Clinical Department
1 Health Drive
Eden Prairie, MN 55344-2955

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SAM - MILLER
18162 IC ROAD
-
PATRICK SC 29584

Medication Therapy Management program

Get a review of your medications at no cost today

November 5, 2026

Dear Sam - Miller,

If you take several medications or have more than one chronic health condition, you could be at risk of dangerous drug interactions or complications. The Optum Rx® Medication Therapy Management program helps you take your medications correctly and avoid harmful interactions and side effects. You may also learn about other drugs that cost less. Plus, you'll get tips and resources for managing your health.

Proof

As a member of eternalHealth, you can take advantage of this benefit. **Call today.**

1-866-352-5305, TTY 711
8 a.m. - 8 p.m. CST, Monday-Friday
Reference #: TC-10513

Or to learn more, visit
https://www.eternalhealth.com/for-members/medication-therapy-management-mtm/

Frequently Asked Questions

What else does the Medication Therapy Management program offer?

You'll get useful information about your medical conditions to help you understand and better manage your health.

How do I get started?

Call the Optum Rx MTM pharmacists at **1-866-352-5305, TTY 711, 8 a.m. - 8 p.m. CST, Monday-Friday.** They'll answer your questions and walk you through next steps. They'll also set up a time to review your medications with a pharmacist.

Can I have a translator during my medication review?

Yes. Ask the pharmacist to have a translator be on the call.

What happens after my medication review?

We'll send you a list of your medications with information to help you when you talk with your doctors and authorized representative.

Why should I call?

The program is already included in your plan, so there's no extra cost to you.

Optum Rx pharmacists are here to support — not replace — the care your doctor provides. They can answer questions and may help you save money on your medications.

Don't miss out on this great no-cost benefit.

Proof

To opt out of the Medication Therapy Management program, call 1-877-299-7103, TTY 711 24 hours a day, 7 days a week, and provide the code 14474110.

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Do you have unused expired medications and are looking for a safe way to dispose of them? Before you throw them away, here are some things you should know.

Here is how to safely dispose of unused or expired medications before they do harm:

For safety reasons, unused or expired medications should be disposed of as soon as possible.

- Find a nearby pharmacy or other local resource with a medication take back service.
  - The US Drug Enforcement Administration (DEA) allows unused prescription medications to be returned to pharmacies or other authorized sites. You can locate participating locations at: https://apps.deadiversion.usdoj.gov/pubdispsearch/spring/main?execution=e1s1

  - Community take back sites are the preferred method of disposing of unused controlled substances. Below are some drug take back programs near you:
    - REDFERN HEALTH CENTER
    - 735 MCMILLAN RD
    - CLEMSON, SC 29634

    - SOUTH CAROLINA CVS PHARMACY, L.L.C.
    - 901 MARKET ST.
    - CHERAW, SC 29520

  - Additional drug disposal information can be found on the DEA website at: www.deatakeback.com
- If you cannot get to a drug take back location promptly, or there is none near you:
  - Mix the unused supply with an undesirable substance such as dirt or coffee grounds.
  - Put the mixture into a disposable container with a lid, such as an empty margarine tub, or into a sealable bag, then place the sealed container in your trash.
  - Make sure to conceal or remove any personal information, including Rx number, on the empty containers by covering it with black permanent marker or duct tape, or by scratching it off to protect your privacy.
  - Place both the sealed container with the mixture and the empty drug containers in the trash.

Proof

- Only flush approved unused or expired medications down the toilet only if indicated on the label, patient information, or no other disposal options are available.

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More information on the safe disposal of medications can be found on the United States Department of Health and Human Services website:
https://www.hhs.gov/opioids/prevention/safely-dispose-drugs/index.html